SUNDAY

NOON Women Recover, 623 Alano Club, 120 N. 3rd St., Belleville, Illinois, 62220 (C,RF,W)

1:45 PM It Works How and Why, New Attitudes Recovery House, Back Door / Rear Parking Lot, 830 Brown st, Alton, II, 62002 (O,RF,BK)

2:00 PM New Journey, Gateway Regional Medical Center, Pascal Hall, 2100 Madison Ave, Granite City, II, 62040 (O.RF)

6:00 PM Progress Not Perfection, Try Club, 609 Berkshire, East Alton, II, 62024 (O,WC,BT)

6:00 PM Therapeutic Value, 623 Club, 120 N. Third St., Belleville, II, 62220 (O,WC)

7:00 PM H.O.W., St John's UCC, Parking & entrance on building's west side basement/ elevator, 307 Clay St,

Collinsville, II, 62234 (WC,RF)

MONDAY

6:00 PM Early Evening Recovery, St. Cecilia Church, Use back entrance, 155 N Main St,, Glen Carbon, II, 62034 (WC,RF)

6:00 PM Keep it Simple, Mount Olive Missionary Baptist Church, 1430 Summit Ave, East St. Louis, II, 62269 (BT)

6:00 PM Monday Night RAW, The Center, across the street from the Net Church, 1250 S. Hackman St., Staunton, Illinois, 62088 (JT,O,BK,BT,LC)

6:00 PM Road 2 Recovery, Try Club, 609 Berkshire Blvd, East Alton, II, 62024 (O,WC,D,SPAD)

6:00 PM Women of Unconditional Love, Zoom 919 703 3327 Password ESTL569, 4046 Forest Blvd, East St. Louis, II, 62204 (O,RF,HY,W) Hybrid meeting

6:30 PM It's Another Way Monday, Dial-in number (425) 436-6321 Access code 4831484, Madison, II, 62060 (JT,O,WC,RF,BK,VM) Phone / In Person Mask Required Parking In Rear

7:00 PM Monday Night Newcomers, Thrive Church, 2101 Cleveland Ave, Granite City, II, 62040 (O,BT)

7:00 PM We Found HOPE, HSHS St. Joseph Hospital, Medical Office Building, 12866 Troxler Ave., Highland, Illinois, 62249 (O,WC,BK)

7:30 PM Our Message is Hope, Upper Alton Baptist Church, 2726 College Ave., Alton, II, 62002 (O,WC,BK,BT)

TUESDAY

12:15 PM Side Step -N-, Bethel Church, 480 E. Airline Dr., East Alton, Illinois, 62024 (C,SG,WC,BT,SD)

6:00 PM Brothers and Sisters, St. Paul Lutheran Church, Basement - Park In Rear Lot, 1327 Vaughn Road, Wood River, II, 62095 (O,WC)

6:00 PM Stepping N2 Recovery II, Bethany Place, 821 W A Street, Belleville, II, 62220 (WC,RF,BK) 7:00 PM A Day Clean, A Day Won, Our Lord Lutheran Church, 150 Wilma Drive, Maryville, II, 62062 (O,BK)
7:00 PM Principles Before Personalities, Gateway Medical Center, Pascal Hall, 2100 Madison Ave., Granite City, Illinois, 62040 (JT,O,WC,RF,BT)

7:00 PM The Promise is Freedom, The Bridge Church, 504 East 12th St, Alton, II, 62002 (O,WC,RF,BK)

7:30 PM Strength In Numbers, 325 North Madison Street, Litchfield, II, 62056 (O,WC,RF)

WEDNESDAY

NOON Continuing the Journey, New Life Church, 1919 State St., East St. Louis, II, 62204 (LC)

NOON Midday NA, Next Network Building, 402 E Edward, Litchfield, 62056

NOON Spriritual Principles a Day Noon Meeting, Try Club, 609 Birkshire Blvd, East Alton, Illinois, 62024 (O,SPAD)

6:30 PM From Darkness Comes Light, Memorial Christian

Church, 410 E. 1st North, Carlinville, Illinois, 62626 (O)

7:00 **PM Freedom to Change**, Old Post Office, Next to the Bus Station Downtown, 201 Hillsboro Ave., Edwardsville, II, 62025 **(O,BK)**

 7:00 PM Green And Gold, Fairview Heights Food Pantry, look for Food Pantry entrance (Behind Police station), 10025 Bunkum Rd., Fairview Heights, II, 62208 (O,IW,BK)
 7:00 PM Lost and Found, Try Club, 609 Berkshire, East Alton, II, 62024 (CL,O,WC)

7:00 PM Stepping stones to recovery, Word Of Life Tabernacle Church, please park in the back parking lot on the right side of the building and enter thru the double doors, 4870 Maryville road, Granite City, IL, 62024 (O,RF,BK)

7:00 PM The Beginnings Group, First United Methodist Church, Side Door Entry, 3324 Old U.S. 50, Trenton, II, 62293 (O,WC,RF)

7:00 **PM Trust the Process**, Christway Church, This is a Hybrid meeting Zoom 857-356-480 Password: 652047, 1200 Airport Rd, Godfrey, Illinois, 62035 (**O,WC,RF,HY**)

7:30 PM Days Between, 623 Club, 864 0193 0210, 120 N. 3rd St, Belleville, II, 62220 (JT,O,WC,HY)

THURSDAY

6:00 PM A Spiritual Journey, New Antioch Missionary Baptist Church, 250 Lebanon Ave, Belleville, II, 62220 (O,RF)

6:00 PM At All Costs, Try Club, 609 Berkshire, East Alton, II, 62024 (O,WC)

6:30 PM It's Another Way Thursday, Madison, (O,WC,VM)

6:30 PM The Under Ground (Haven), Haven Home of Hope, 205 Pleasant St., Hillsboro, Illinois, 62049 (O,WC)

7:00 **PM Fast Forgetters**, New Attitudes Recovery House, Back Door / Rear Parking Lot, 830 Brown St., Alton, Illinois, 62002 **(O)**

7:00 PM I Can't We Can, Thrive Church, 2101 Cleveland Blvd, Granite City, II, 62040 (O)

7:00 PM Recovery in Motion, Painters District Council, side entrance, 940 California Ave, Collinsville, II, 62234 (O,WC,RF,BK)

7:00 **PM We Care We Share**, The Bridge Church, 504 E. 12th St., Alton, II, 62002 (**O,SG,WC,BK**)

FRIDAY

6:00 PM A Positive Move, New Day Recovery Club, 4046 Forest Blvd, East St. Louis, II, 62204 (O,RF,BK,SD)

6:00 PM Stepping N2 Recovery II, Bethany Place, 821 W A Street, Belleville, II, 62220 (O,WC,RF,BK)

7:00 **PM Fight for freedom**, Holy Family Church, 2606 Washington Ave, Granite City, II, 62040 (JT,O,RF,BT,SD,OE)

7:00 PM H. O. W. To Recover, EDEN CHURCH OF CHRIST, NOW Downstairs in Basement, 903 N. 2nd Street., Edwardsville, II, 62025 (CL,O,WC)

7:00 PM Strength and Hope by Candlelight, Try Club, 609 Berkshire, East Alton, II, 62024 (CL,O,WC,BT)

SATURDAY

10:30 AM Gonzo for Recovery, St Mary's Church, Location in the cafeteria unless other wise noted, 1802 Madison Ave, Edwardsville, II, 62025 (O,RF,HY)

NOON A Safe Place, Try Club, 609 Berkshire, East Alton, II, 62024 (O,WC)

2:00 PM A New way to live, 108 Carbon Hill Rd, O'Fallon, II, 62269 (O,RF,BK)

3:00 PM Experience Strength & Hope, New Day, 4046 Forest Blvd, East St. Louis, II, 62204 (BT)

5:00 PM Saturday Evening Experience, Try Club, 609 Berkshire, East Alton, II, 62024 (O)

6:00 PM A Work in Progress, Pascal Hall, Gateway

Regional Medical Center, 2120 Madison Ave, Granite City, Illinois, 62040 (**RF,BK**)

6:00 PM Learning to live, Unity Spiritual Center, Enter through basement door in the back, 700 W Clay St., Collinsville, Illinois, 62234 (O,RF)

7:00 PM Restoration to Sanity, First Christian Church, Park in Rear Room 114, 724 East Bethalto Blvd., Bethalto, II, 62010 (O,BT)

8:00 PM Read the Black Part, St. Boniface Catholic Church, Take outside stairs below the main office, parking in the back., 110 North Buchanan St., Edwardsville, Illinois, 62025 (O,BK,BT)

MEETING FORMAT LEGEND				
BK	Book Study	BT	Basic Text	
С	Closed	CL	Candlelight	
D	Discussion	HY	Hybrid Meeting	
IW	It Works -How and Why	JT	Just for Today	
LC	Living Clean	0	Open	
OE	Open-Ended	RF	Rotating Format	
SD	Speaker/Discussion	SG	Step Working Guide	
SPAD	A Spiritual Principle a Day	VM	Virtual Meeting	
W	Women	WC	Wheelchair	

SERVICE MEETINGS

Metro East ASC 7:00PM 3rd Wednesday OF EVERY MONTH 2101 Cleveland Ave Granite City, IL. 62040

H&I Sub-Committee Meeting 6:00PM 2nd Thursday OF EVERY MONTH **Thrive Church** 2101 Cleveland Blvd, Granite City, IL, 62040

Outreach Sub-Committee Meeting 6:00PM 3rd Wednesday OF EVERY MONTH **Thrive Church** 2101 Cleveland Blvd, Granite City, IL, 62040

PR Sub-Committee Meeting 3:30PM 3rd Sunday OF EVERY MONTH Trv Club 609 Berkshire Blvd, East Alton, IL, 62024

> What is our message? The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. Basic Text, page 65

Welcome Male Female PHONE NUMBERS



Metro East Area
MEETING LIST

MAY 2025

24 HOUR HELPLINE

1-800-539-0475 Text (your zip code) to the number above for up to 5 soonest meetings near you

> Metro East ASC PO Box 105 Granite City, IL. 62040

Please send meeting directory changes to metroeastnapr@gmail.com

For up to the minute meeting directory please visit https://metroeastna.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what Ask your Higher Power to keep you clean Come early and stay late Get a home group Go to 90 meetings in 90 days **Read NA literature daily** Get and use a sponsor Use the PHONE KEEP COMING BACK. IT WORKS The Metro East Area is part of the Greater Illinois Region https://illinoisna.org/

Meetings Weekly: 55