SUNDAY

Mid Eastern Missouri Area (MEMO)

- 5:30 PM How it Works, Trinity Episcopal Church, 202 Miller St., DeSoto, MO, 63020 (O,RF)
- 7:00 PM Living In the Solution, New Hope United Methodist Church, Front door, 3921 Jeffco Blvd., Arnold, MO, 63010 (CL,O,RF,WC)

MONDAY

Mid Eastern Missouri Area (MEMO)

- 6:00 PM Warriors of Hope, Washington County Library, 235 E High St, Potosi, MO, 63664 (O,RF)
- 7:00 PM Point Of Freedom, St. Mark United Church of Christ, 1861 Missouri State Rd., Arnold, MO, 63010 (O,WC) Currently meeting inside
- 7:00 PM Stairway to Recovery, Christ Episcopal Church, 101 N Fountain St, Cape Girardeau, MO, 63701 (O)
- 7:00 PM Surrendering Our Will, First United Methodist Church, Room 110, Parlor, Use rear entry, 113 Grand Ave., Festus, MO, 63028 (O,WC)

TUESDAY

Mid Eastern Missouri Area (MEMO)

- **6:45 PM One Among Many**, We Do Recover Community Center, 715 Broadway St, Cape Girardeau, MO, 63701 **(0)**
- 7:00 PM Working Steps in Recovery, Private Probation Service (PPS), Meeting Upstairs, 310 Locust St, Hillsboro, MO, 63050 (O,RF)
- 7:30 PM Hope Without Dope, All Saints Episcopal Church, 1151 West Columbia Street, Farmington, MO, 63640 (O,RF,WC)
- 7:30 PM Show Me How To Live, Canaan Baptist Church, Windsor Campus, 6701 Highway 61-67, Barnhart, MO, 63052 (O,RF,SD,WC)
- 8:00 PM New Way NA, Poplar Bluff Serenity Building, 506 Pine St, Poplar Bluff, MO, 63901 (O,RF,WC)

WEDNESDAY

Mid Eastern Missouri Area (MEMO)

- 11:30 AM Easy Does it, Concord Church, Room 227, 13775 Tesson Ferry Road, St. Louis, MO, 63128 (O,RF,WC)
- 7:00 PM Stairway to Recovery, Christ Episcopal Church, 101 N Fountain St, Cape Girardeau, MO, 63701 (O)

- 7:00 PM Steps in the Sticks, Transformation United Methodist Church, 4869 Scottsdale Creek Boulevard, House Springs, MO, 63051 (O,RF,WC)
- 7:30 PM Circle of Fire, St. Luke's United Methodist Church, Enter REAR door, 2761 Telegraph Rd., St. Louis, MO, 63125 (O,RF)
- 7:30 PM Growth Through Recovery, Twin City Church Of Christ, Rear Door, 11780 County Rd. CC, Festus, MO, 63028 (O,RF,WC)

THURSDAY

Mid Eastern Missouri Area (MEMO)

- 6:00 PM More To Be Revealed, Poplar Bluff Serenity Building, 506 Pine St, Poplar Bluff, MO, 63901 (O,RF,WC)
- **6:45 PM One Among Many**, We Do Recover Community Center, 715 Broadway St, Cape Girardeau, MO, 63701 **(O)**
- 7:00 PM One Step at a Time, Trinity Episcopal Church, 202 Miller St., DeSoto, MO, 63020 (O,RF)
- 7:00 PM The Gift, South County Church of the Nazarene, 2500 Telegraph Rd, St. Louis, MO, 63125 (O)
- 7:30 PM Hope Without Dope, All Saints Episcopal Church, 1151 West Columbia Street, Farmington, MO, 63640-3500 (O,RF,WC)

FRIDAY

Mid Eastern Missouri Area (MEMO)

- **6:00 PM Country Steppin**, 126 River Bluff Dr., Fredericktown, MO, 63645 **(O,RF,HY)**
- 7:00 PM Grateful Not Hateful, United Methodist Church, Use Rear Entry, 113 Grand Ave., Festus, MO, 63028 (O,RF,WC)

SATURDAY

Mid Eastern Missouri Area (MEMO)

- 5:30 PM One Day At A Time, Festus Church of the Nazarene, Basement, Highway A & P, 2717 State Rd. P, Festus, MO, 63028 (O,WC)
- 5:30 PM Stairway to Recovery, Christ Episcopal Church, 101 N Fountain St, Cape Girardeau, MO, 63701 (O)
- 7:00 PM It's A God Thing, Vandover Baptist Church, Use Rear Entry, 1714 Smizer Station Rd., Fenton, MO, 63026 (O,RF,WC)

8:00 PM New Way NA, Poplar Bluff Serenity Building, 506 Pine St, Poplar Bluff, MO, 63901 (O,RF,WC)

MEETING FORMAT LEGEND			
CL	Candlelight	HY	Hybrid Meeting
0	Open	RF	Rotating Format
SD	Speaker/Discussion	WC	Wheelchair

SERVICE MEETINGS

Area Service Committee (ASC)
10:30 AM 1st Saturday of the month at Festus Church of the Nazarene (Basement)
2730 Lucas Lane, Hwy P & A, Festus MO 63028

Public Relations (PI, H&I, and Phoneline)
9:00 AM – 10:30 AM 1st Saturday of the month before ASC at Festus Church of the Nazarene (Basement)
2730 Lucas Lane, Hwy P & A, Festus MO 63028

Area Ways and Means (A.W.A.M.)

 $6.00\ PM$ 1st Friday of the month at New Hope United Methodist Church 3921 Jeffco Blvd, Arnold MO 63010

PHONE NUMBERS

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

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Mid. East Missouri Area (MEMO) MEETING LIST JUNE 2025

24 HOUR HELPLINE 636-875-1001

https://metroeastna.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 27