

SUNDAY

Mid Eastern Missouri Area (MEMO)

5:00 **PM What's the Point**, Centenary United Methodist Church, 20 Park Ave, Bonne Terre, MO, 63628 **(O,RF)**

5:30 **PM How it Works**, Trinity Episcopal Church, 202 Miller St., DeSoto, MO, 63020 **(O,RF)**

7:00 **PM Living In the Solution**, New Hope United Methodist Church, Front door, 3921 Jeffco Blvd., Arnold, MO, 63010 **(CL,O,RF,WC)**

MONDAY

Mid Eastern Missouri Area (MEMO)

6:00 **PM Warriors of Hope**, Washington County Library, 235 E High St, Potosi, MO, 63664 **(O,RF)**

7:00 **PM Point Of Freedom**, St. Mark United Church of Christ, 1861 Missouri State Rd., Arnold, MO, 63010 **(O,WC)** *Currently meeting inside*

7:00 **PM Stairway to Recovery**, Christ Episcopal Church, 101 N Fountain St, Cape Girardeau, MO, 63701 **(O)**

7:00 **PM Surrendering Our Will**, First United Methodist Church, Room 110, Parlor, Use rear entry, 113 Grand Ave., Festus, MO, 63028 **(O,WC)**

TUESDAY

Mid Eastern Missouri Area (MEMO)

6:45 **PM One Among Many**, We Do Recover Community Center, 715 Broadway St, Cape Girardeau, MO, 63701 **(O)**

7:00 **PM Working Steps in Recovery**, Private Probation Service (PPS), Meeting Upstairs, 310 Locust St, Hillsboro, MO, 63050 **(O,RF)**

7:30 **PM Hope Without Dope**, All Saints Episcopal Church, 1151 West Columbia Street, Farmington, MO, 63640 **(O,RF,WC)**

7:30 **PM Show Me How To Live**, Canaan Baptist Church, Windsor Campus, 6701 Highway 61-67, Barnhart, MO, 63052 **(O,RF,SD,WC)**

8:00 **PM New Way NA**, Poplar Bluff Serenity Building, 506 Pine St, Poplar Bluff, MO, 63901 **(O,RF,WC)**

WEDNESDAY

Mid Eastern Missouri Area (MEMO)

11:30 **AM Easy Does it**, Concord Church, Room 227, 13775 Tesson Ferry Road, St. Louis, MO, 63128 **(O,RF,WC)**

7:00 **PM Stairway to Recovery**, Christ Episcopal Church, 101 N Fountain St, Cape Girardeau, MO, 63701 **(O)**

7:00 **PM Steps in the Sticks**, Transformation United Methodist Church, 4869 Scottsdale Creek Boulevard, House Springs, MO, 63051 **(O,RF,WC)**

7:30 **PM Circle of Fire**, St. Luke's United Methodist Church, Enter REAR door, 2761 Telegraph Rd., St. Louis, MO, 63125 **(O,RF)**

7:30 **PM Growth Through Recovery**, Twin City Church Of Christ, Rear Door, 11780 County Rd. CC, Festus, MO, 63028 **(O,RF,WC)**

THURSDAY

Mid Eastern Missouri Area (MEMO)

6:00 **PM More To Be Revealed**, Poplar Bluff Serenity Building, 506 Pine St, Poplar Bluff, MO, 63901 **(O,RF,WC)**

6:45 **PM One Among Many**, We Do Recover Community Center, 715 Broadway St, Cape Girardeau, MO, 63701 **(O)**

7:00 **PM One Step at a Time**, Trinity Episcopal Church, 202 Miller St., DeSoto, MO, 63020 **(O,RF)**

7:00 **PM The Gift**, South County Church of the Nazarene, 2500 Telegraph Rd, St. Louis, MO, 63125 **(O)**

7:30 **PM Hope Without Dope**, All Saints Episcopal Church, 1151 West Columbia Street, Farmington, MO, 63640-3500 **(O,RF,WC)**

FRIDAY

Mid Eastern Missouri Area (MEMO)

6:00 **PM Country Steppin**, 126 River Bluff Dr., Fredericktown, MO, 63645 **(O,RF,HY)**

7:00 **PM Grateful Not Hateful**, United Methodist Church, Use Rear Entry, 113 Grand Ave., Festus, MO, 63028 **(O,RF,WC)**

SATURDAY

Mid Eastern Missouri Area (MEMO)

5:30 **PM One Day At A Time**, Festus Church of the Nazarene, Basement, Highway A & P, 2717 State Rd. P, Festus, MO, 63028 **(O,WC)**

5:30 **PM Stairway to Recovery**, Christ Episcopal Church, 101 N Fountain St, Cape Girardeau, MO, 63701 **(O)**

7:00 **PM It's A God Thing**, Vandover Baptist Church, Use Rear Entry, 1714 Smizer Station Rd., Fenton, MO, 63026 **(O,RF,WC)**

8:00 **PM New Way NA**, Poplar Bluff Serenity Building, 506 Pine St, Poplar Bluff, MO, 63901 **(O,RF,WC)**

MEETING FORMAT LEGEND

CL	Candlelight	HY	Hybrid Meeting
O	Open	RF	Rotating Format
SD	Speaker/Discussion	WC	Wheelchair

SERVICE MEETINGS

Area Service Committee (ASC)
 10:30 AM 1st Saturday of the month at Festus Church of the Nazarene (Basement)
 2730 Lucas Lane, Hwy P & A, Festus MO 63028

Public Relations (PI, H&I, and Phonline)
 9:00 AM – 10:30 AM 1st Saturday of the month before ASC at Festus Church of the Nazarene (Basement)
 2730 Lucas Lane, Hwy P & A, Festus MO 63028

Area Ways and Means (A.W.A.M.)
 6:00 PM 1st Friday of the month at New Hope United Methodist Church
 3921 Jeffco Blvd, Arnold MO 63010

PHONE NUMBERS

What is our message?

**The message is that an addict,
 any addict, can stop using drugs,
 lose the desire to use,
 and find a new way to live.
 Our message is hope
 and the promise of freedom.**



Mid. East Missouri Area (MEMO)

MEETING LIST

APRIL 2025

24 HOUR HELPLINE

636-875-1001

<https://metroeastna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS